

LONDON

metro®

Friday's Jackpot

\$32 MILLION

estimated



IN FACT, IT'S PRONOUNCED 'MILL-E-WAH-QUE'

NEW DOC CALLED 'SUPER DUPER ALICE COOPER' PORTRAYS SHOCK-ROCKER AS BEING QUITE APART FROM HIS ALTER EGO ... WHO BITES HEADS OFF LIVE CHICKENS **PAGE 11**

Will PM's next visit make him Even Stephen with London?

May 2 marks Harper's first visit since two Londoners kicked out of a rally **PAGE 5**

Be careful what you ask for #myNYPD

New York's finest face severe backlash after PR Twitter stunt asking people to tweet nice pictures of cops **PAGE 6**

Out with the old, in with the view

Google map's Street View offers chance to time travel (to 2007). Use Metro AR to see more **PAGE 8**



GLITZ AND GLAMOUR

There was a red carpet premiere in London Wednesday night, and local boy Cody Hackman, pictured, was in the middle of it all. The Silver City cinema at Masonville hosted the first screening of *Tapped Out*, a martial arts movie partly filmed in London and billed as the modern-day version of *The Karate Kid*. Its cast even includes Martin Kove, who played sensei John Kreese in the '80s movie. There were limos and tuxedos everywhere at Masonville, with fans lining the velvet ropes to grab autographs and pictures with the movie's stars. **MIKE DONACHIE/METRO**

Fuel costs a no-win scenario for LTC, police

Up, up and away. One cent increase costs \$17,000, says bus boss



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Every penny counts when it comes from the public coffers, and for taxpayer-supported entities such as the LTC and police, high fuel costs are costing a pretty penny.

Motorists are paying about 17 cents more per litre at the pumps than just a year ago and the website tomorrowsgaspricetoday.com predicts London could see a record-high price before the weekend.

That means trouble for everyone, especially for those

burning gas for a living.

City buses, police cruisers, taxis and delivery services fall into that category and the spiralling costs are pounding their bottom line.

"Last year, we spent \$7.4 million in fuel. This year we'll spend — at the current rate — about \$8.3 million. And if it goes higher than the current rate, we'll pay more than that," said LTC General Manager Larry Ducharme. The cost in 2010, he added, was just more than \$5.6 million.

The LTC had to dip into reserve funds to cover a \$78,000 shortfall in the budget's first quarter due to fuel costs.

"To best underscore it, for every penny on a litre of gas that we guess wrong on, it's \$74,000 on an annual basis. We consume about 7.4 mil-

lion litres of diesel fuel a year," Ducharme said. Fuel represents about 15 per cent of the LTC's annual budget.

Meanwhile, city police cruisers run primarily on propane, a much cheaper alternative to gas, but one that's edging upwards all the time, as well, Deputy Chief John Pare said, adding the savings over regular gas is significant, but many vehicles couldn't be changed over.

"Our cruisers are dual fuel, so if we run out of propane we have gas left, but we try to run them all on propane because it is cheaper and over the years it's saved us a tremendous amount of dollars," Pare said.

However, the vehicles still on unleaded will cost the police almost \$90,000 more than the budgeted projection this year, if the prices stay this high.

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For more information: londoncleangreen.ca



Old East Village

BIA seeks bylaw exception to put up signs on the area's 'unique and historic character'

"District of smiles" and "poet at work" are among the messages Old East Village could be sending soon.

City council members will be asked to allow the Old East Village BIA to attach decorative signs to utility poles, promoting the "unique and historic character of the area," a city staff report says.

The issue will be discussed at the community and protective services committee Monday, and a collection of possibilities has been presented.

They come in a variety of colours and send a variety of positive messages, including "pottery crossing," "curtain rising," "music zone" as well as "community at work."

There's even the simple message "imagine" on one circular sign.

"This type of signage is currently prohibited in the city's sign-and-canopy bylaw," says the staff report. "Permission to erect this type of signage requires direction and approval from municipal council."

Staff have made no recommendation.

Sarah Merritt, manager of the Old East Village BIA, has written to the committee asking to address the meeting.

MIKE DONACHIE/METRO



Coun. Stephen Orser has been campaigning about the problem and on Wednesday pointed out two abandoned carts near a grocery store on Adelaide. MIKE DONACHIE/METRO

City to crack down on shopping-cart blight

'Eyesore' and 'traffic hazard.' City considers charging stores \$40 per cart picked up



MIKE DONACHIE
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Local grocery stores may be forced to rethink their approach to abandoned shopping carts.

The city's considering a

bylaw change that would shift the cost of disposal from the taxpayer to the stores themselves.

And it's not chicken feed. If council approves a staff request, a \$40 charge will be applied for every cart picked up.

That's "reasonable and defensible," according to a report set to go before the community and protective services committee on Monday, "based on the cost of inspections and contractor cleanup fees."

A year ago, Coun. Stephen

Labour intensive

600

Number of property cleanups completed by the city every year. In many cases, say bylaw enforcement staff, that includes getting rid of abandoned shopping carts.

Orser, who credits resident Mike Sloan for campaigning on the idea, asked city staff to look into the long-standing problem of abandoned carts.

"Once the \$40 fee is applied, I don't think you'll find

a shopping cart where it's not supposed to be," said Orser. "Job done."

He believes stores will find it cheaper to pay people to find the carts or to ensure they have solutions like automatic wheel locks.

"It's an eyesore to have these things in the streets," the Ward 4 councillor added. "It can be a traffic hazard."

The staff report also points out that fees for stores aren't a new idea. They already exist in Guelph, Mississauga, Ottawa and Markham.

Sustainability conference budget pegged at \$76,000

The city's planning ahead for a major event next year, and the costs will go before council members next week.

London has been chosen to host the Federation of Canadian Municipalities 2015 Sustainable Communities Conference and Trade Show next February.

According to a city staff report, the event is expected to bring about 350 people to London and carry an estimated budget, including hiring a conference planner, of \$106,000. Some of the cost should be met by sponsorship, but the rest will need to

be approved by council.

Tuesday's meeting of the corporate services committee will be asked to approve a budget of up to \$76,000.

"The event provides municipal leaders the opportunity to learn from colleagues and experts, share their own knowledge and experiences and participate in local study tours that showcase innovation and successes in their own communities in sustainability and sustainable community development," says a staff report.

So now you know.

MIKE DONACHIE/METRO

Significance

The event helps show London to the rest of Canada.

- The city sent Coun. Harold Usher, Coun. Joni Baechler, city manager Art Zuidema and director of intergovernmental and community liaison Grant Hopcroft to the 2014 event in Charlottetown.
- They staffed a booth, asking delegates to come to London.

Bylaws. Food trucks may hit streets by summer, but will city decide the menu?

Get ready to get eating on the streets of London, because the food trucks proposal is back.

The city could have street food available within weeks if council members agree to a bylaw that starts its course through city hall Monday.

But staff say the city shouldn't be setting the menu. Despite discussion among councillors about the need for diverse street food, a staff report says that regulating menu content would be time-consuming, hard to enforce and subjective.

Licence

\$1,225

Proposed cost of a licence for a food refreshment vehicle to operate on London's streets

Council members will have their say Monday at the community and protective services committee.

It's already possible to buy food from trucks, but only on private land. The new regulations apply to public streets.

MIKE DONACHIE/METRO

Volunteers mobilized. Thousands will head out to clean up Thames

The Thames River's spring clean is about to happen, and it benefits more than the river, the new man in charge has said.

Tom Cull is the new co-ordinator of London's Thames River Cleanup, which is expected to bring out 1,000 local volunteers on Saturday to provide tender loving care for the Thames. The event's been happening for 15 years and was founded by Todd Sleeper, who asked Cull to oversee it this year.

It goes further than London. Every community along the river will join in, including Strathroy, St. Mary's and Thamesford, so the total volunteer count is expected to be close to 2,000, Cull said.

London alone has 33 separate groups ready to collect garbage along the banks of the river, with help from city workers taking it all away.

"My personal opinion is that the Thames River in London is like our circulator system," Cull said. "It's what brings us all together. It's

Join in

Want to take part? Head to thamesrivercleanup.ca and find a group near you. Co-ordinators will advise on meeting places, start times and equipment.

what connects us to our past.

"It's on the health of this river that the future of London rests. I always say: healthy river, strong London."

Cull, who's also part of a monthly effort to clean up parts of the city, said he wants to see the community and its natural environment integrate better, and one way to do it is to get people along the riverbank cleaning it up.

"I want to encourage people to take ownership through stewardship," he added. "The health of the river is an index of the health of the community."

MIKE DONACHIE/METRO



Grab a garbage bag and follow me: Tom Cull beside the Thames River. He was at a spot near Grey Street that will be targeted Saturday.

MIKE DONACHIE/METRO



London Firm ResIM has been nominated for one of the most prestigious Internet awards for the way it takes newly diagnosed cancer patients on a virtual tour from the time of diagnosis to recovery. CONTRIBUTED

London tech firm vying for top Internet award

Virtual tour. It takes the unknown off shoulders of cancer patients



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Members of a London tech company could be walking the proverbial red carpet in New York City in May if they manage to snatch a prestigious Webby Award.

The New York Times has cited the Webby as the Inter-

net's highest honour.

Resolution Interactive Media (ResIM), is nominated in the category of Best Health website for a groundbreaking project it produced for the London Regional Cancer Program (LRCP).

The virtual orientation project allows patients newly diagnosed with cancer to experience beforehand what their journey might look like so that the terrifying unknown is lifted from their shoulders.

It introduces them to the doctors and nurses they'll be involved with, what they can expect when they're go-

ing through chemotherapy, radiation, and what to expect after treatment.

"We did a project with them early on," said Project Manager Stephanie Johnson. "This was at one time an introductory orientation for individuals who were going to LRCP for the first time. It was such a success that they wanted to build on that."

The company engaged hospital staff, volunteers and patients from the beginning to share ideas for content and personal experiences. They wrote scripts and some even loaned their acting talents to the filming.

"It just gives patients a full experience for something they're going to be going through that's very difficult," Johnson said.

"An outstanding patient experience is so important in cancer care," said London Health Sciences Centre vice-president for cancer care Neil Johnson. "The virtual orientation created by ResIM is integral to helping our patients feel comfortable and better understand what to expect on their cancer journey."

Winners will be announced April 29 and honoured at a ceremony May 19 in New York.

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Middlesex-London Health Unit announces five more flu deaths

Many hospitalized. London hit hard this season, which may last into May



SCOTT TAYLOR

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Five people infected with this season's stubborn influenza strain died between April 14 and April 20, the

Middlesex-London Health Unit (MLHU) reported Wednesday.

Since last September, 14 deaths among those in London and Middlesex County have been attributed to influenza. All five last week were 50 years old or older.

What has already been an unusually long flu season for the region show no signs of abating even as the calendar nears May.

Overall activity for the week was similar to the

previous week, with 32 new confirmed cases in the county, down just one from the week before.

Eighteen people had to be hospitalized.

All of the 32 new cases reported last week were identified as having influenza B, the type of strain that tends to last the longest.

Middlesex-London Health Unit (MLHU) manager of infectious disease control Tristan Squire-Smith said it's common for influenza cases

Flu fact

Since Sept. 1, 2013, just more than 50 per cent of the 339 people in London-Middlesex with confirmed influenza had to be hospitalized.

to decrease sharply near the end of April.

It's not known why this year it continues to be so prevalent and deadly, and

there's still no telling when it will end.

"It's definitely too early to say flu season is over. It's not over by any means," he said. "It's a great reminder that people need to take flu season seriously."

The high number of cases in the region means the end won't come very soon and people should still get the flu shot, even though it's almost May.

"People shouldn't be letting their guard down with

the nicer weather. It's really important, particularly if you're visiting people in hospitals and long-term care homes.

There's a lot of outbreak activity still going on."

While it's not unheard of for the flu season to last into May, it's uncommon, he added.

Those who die while suffering from the flu are counted in the MLHU report, even if they had underlying health conditions.

'Feed the Hope'

Fanshawe chef Scott Baechler involved in Catelli Pasta food bank campaign

Food banks across the country struggle in the summer, so 15 of Canada's leading chefs have come together to help give them a boost.

A campaign spearheaded by Catelli Pasta has resulted in a cookbook that features easy gourmet pasta recipes.

The recipes are made using only five ingredients in addition to the pasta.

One of the chefs who contributed to the book is London's Scott Baechler.

Baechler is a chef instructor at Fanshawe College.

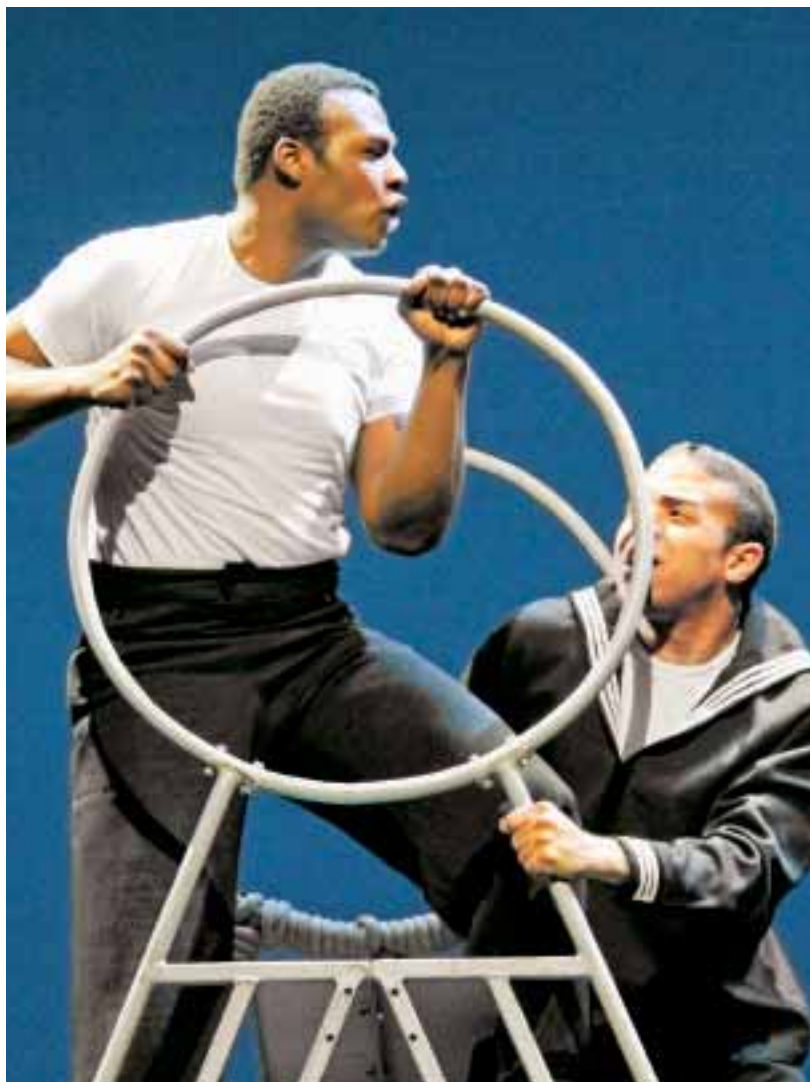
"This cookbook is a collection of pasta dishes that demonstrate just how creative you can be with simple ingredients," he said.

"In the summer, nobody likes to spend hours in a hot kitchen and gourmet meals don't have to be complicated or time-consuming."

The cookbook is one facet of a national campaign by Catelli Pasta called "Help Us Feed the Hope."

Catelli will donate a serving of pasta to food banks nationally for every box of pasta purchased.

Participating retailers in Ontario are Sobeys and Metro stores. **METRO**



A whale of a tale

A powerful story is being presented at The Grand Theatre until May 10, with the arrival of Artistic Fraud of Newfoundland's production of *Oil and Water*. It's a theatrical retelling of the true story of Lanier Phillips, the only African American to survive a Second World War shipwreck off Newfoundland, and his experiences in the town of St. Lawrence. Phillips is played by Anderson Ryan Allen, left. Also pictured is Mike Payette, who plays Langston, another sailor. **MIKE DONACHIE/METRO**

Convenience stores. Minors won't have easy access to booze, association says

Ontario's convenience stores fought back against suggestions they would sell alcohol to minors Wednesday as they renewed their push for the right to stock wine and beer.

The move by the Ontario Convenience Stores Association comes on the heels of a controversial ad campaign released last week by The Beer Store, which shows teen boys easily buying alcohol from a corner store.

"Convenience stores have demonstrated their ability to responsibly sell age-restricted products with the highest standards in the province of Ontario," said association CEO David Bryans.

Cigarettes and lottery tickets — which are off-limits to those under 19 and 18 years old, respectively — have long been sold in corner stores, he said in a news conference in Toronto.

Bryans said he was "disappointed" by the ad, which

argues selling alcohol in convenience stores is "just not right for our kids."

The 30-second commercial sparked an uproar online and in the media, with critics accusing The Beer Store of fear-mongering.

Some community groups have nonetheless rallied behind its message.

"The reality is, you're going to have too many opportunities for purchasing and too little control over the sale," said Anne Leonard, executive director of Arrive Alive Drive Sober. The Beer Store, meanwhile, questioned corner stores' record when it comes to turning away teens who try to buy cigarettes.

It pointed to a 2013 study on student drug use, which found 15.6 per cent of Ontario students between Grades 7 and 12 who smoke had bought cigarettes from convenience stores, gas stations or grocery stores.

THE CANADIAN PRESS

Starting in 2016. Liberals to scrap debt retirement charge on hydro bills

Ontario's governing Liberals have confirmed that the debt retirement charge will be taken off residential hydro bills starting in 2016.

Energy Minister Bob Chiarelli made the announcement today as the Liberals tackle high hydro bills — one of their biggest political liabilities going into a possible spring election.

The debt retirement

charge was introduced in 1998 to help pay down the debt of Ontario Hydro, the former Crown corporation which was later split into several companies. Chiarelli says the government will also look at ways to reduce electricity costs for low-income families when the Ontario Clean Energy Benefit expires on Dec. 31, 2015.

THE CANADIAN PRESS



Prime Minister Stephen Harper has rescheduled his London visit to May 2.
GETTY IMAGES

PM Harper returning to London

Trip. Prime minister to visit for first time in three years



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Prime Minister Stephen Harper has rescheduled his London visit to May 2. Harper was supposed to arrive April 15 for a tour of the General Dynamics plant and an evening rally, but that was postponed when former Finance Minister Jim Flaherty died after suffering a heart attack just days before.

Harper hasn't been in London since a controversial April 2011 that saw two people ejected from a rally. It was reported that a local teen had posted a photo of

herself and then Liberal leader Michael Ignatieff on her Facebook page.

Another Londoner arrived at the Four Points By Sheraton Hotel with an NDP bumper sticker on his car.

This time, Harper will take a triumphant tour of General Dynamics in the wake of a multi-billion dollar contract the company won to build armoured vehicles for Saudi Arabia.

The 14-year contract will reportedly create and sustain more than 3,000 jobs, with approximately 40 per cent of the supply base in southwestern Ontario.

He's then expected to attend a rally, most likely again at the Sheraton on Wellington Road.

Follow Scott Taylor on
Twitter @taylorinlondon



Route closed

City road closure warning

The city has said a major route in London will be closed Thursday.

Sarnia Road, between Hyde Park Road and Aldersbrook Road, will be closed to traffic in both directions from 8 a.m. until approximately 5 p.m.

METRO

Herb Gray

Flag lowered for former minister

The City of London has lowered the Canadian flag at city hall to half-mast to commemorate former Deputy Prime Minister Herb Gray, who passed away on April 21 at the age of 82.

Gray served his Windsor area riding for 40 years.

METRO

Concert

Mother's Day treat on offer

Metropolitan Opera bass-baritone John Avey and pianist accompanist Marlene Fagan will present their concert Just Between Friends on Mother's Day, May 11, at St Paul's Cathedral. Tickets can be bought at justbetweenfriendslondon.eventbrite.com.

METRO

Stantec

Green award for London company

For the fourth year in a row, Stantec has been named one of Canada's Greenest Employers by the editors of Canada's Top 100 Employers. Now in its eighth year, the award recognizes employers with robust environmental programs and policies that actively involve their employees. METRO



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Paramedics treat drunk teen at Harper residence: Reports

'Not a police matter'

Ambulance sent to 24 Sussex Drive on night PM's son was believed to be celebrating 18th birthday

The RCMP is confirming that paramedics were called to Prime Minister Stephen Harper's residence early Sunday morning amid media reports that an 18-year-old woman was severely intoxicated.

In a statement, RCMP spokesperson Cpl. Lucy Shorey said an ambulance responded to 24 Sussex Drive. She did not describe the nature of the call, but said it did not involve Harper or his family.

"This was a medical call and not a police matter. It



Prime Minister Stephen Harper addresses media outside 24 Sussex Drive in Ottawa in 2007. JONATHAN HAYWARD/THE CANADIAN PRESS

did not involve any of our protectees," Shorey said in a statement.

A Quebec radio station reported that the emergency call involved an intoxicated

18-year-old woman, who was taken to hospital.

J.P. Trottier, a spokes-

person for the Ottawa Paramedic Service, confirmed that paramedics took a patient to hospital, but said he could not provide details about the gender, age or condition because of patient confidentiality.

"Because of the potential identification of the patient, we can't talk about it," he said in an interview.

It's believed that Harper's son Ben celebrated his 18th birthday on Saturday. Harper and wife Laureen also have a daughter, Rachel, who is three years younger.

Jason MacDonald, Harper's director of communications, declined to comment on the report and would not say whether Harper or his wife were home at the time of the incident.

The legal drinking age in Ontario is 19.

TORSTAR NEWS SERVICE

Winnipeg

Cops recommend charges in pee wee hockey brawl

Criminal charges have been recommended following a pee wee hockey brawl in Winnipeg, but police say they haven't decided if there will be any arrests.

An on-ice scuffle took place during a February game between teams from Sagkeeng First Nation and Brokenhead Ojibway Nation. A melee ensued between referees, players and adults. **THE CANADIAN PRESS**

TSA

Woman awarded \$75,000 in airport breast-milk fracas

A California woman held at a Phoenix airport four years ago after refusing to have her breast milk X-rayed has reached a settlement with the U.S. Transportation Security Administration.

Stacey Armato said Wednesday that TSA officials have tentatively offered her \$75,000, along with promises to retrain agents and clarify its guidelines on screening breast milk.

THE ASSOCIATED PRESS

Survey

I do ... not believe I can afford to pay for this wedding

Canadians planning to tie the knot expect to spend an average of \$15,000 on their big day, but many don't think they'll be able to foot the entire bill, according to a new study.

The BMO Investor-Line survey of 500 adults revealed that nearly 40 per cent of respondents believe their ideal wedding is out of reach. **THE CANADIAN PRESS**

Maine

Keep your eyes on your fries — they're on fire!

Bring on the ketchup: A tractor-trailer carrying 40,000 pounds of french fries caught fire in a Walmart parking lot in the Maine city of Waterville.

The Portland Press Herald reports that nobody was injured in the fire.

THE ASSOCIATED PRESS

NYPD's Twitter PR move prompts brutal backlash

The largest police department in the U.S. learned the hard way that there are legions online devoted to short-circuiting public relations campaigns — in this case, the NYPD's Twitter invitation to people to post feel-good photos of themselves posing with New York's Finest.

What #myNYPD got instead was a montage of hundreds of news images of baton-wielding cops arresting protesters, pulling suspects by the hair, unleashing pepper spray and taking down a bloodied 84-year-old man for jaywalking.

It was a mistake of epic proportions, with the hashtag among the most-trafficked in the world Tuesday, creating a public relations nightmare for a new NYPD leadership intent on creating a more community friendly force.

The #myNYPD misfire comes at a time when new Police Commissioner William Bratton is trying to re-brand the department to counter criticism that it has been trampling on people's civil rights. Last week, it disbanded an intelligence unit that spied on Muslim neighbourhoods, and it has promised reforms



This photo of a police lieutenant swinging his baton at protesters in 2012 is among many put on Twitter in response to an NYPD request for users to share pictures of themselves posing with police officers. MARY ALTAFFER/THE ASSOCIATED PRESS FILE

to the crime-fighting tactic known as stop and frisk.

Bratton acknowledged Wednesday that the Twitter campaign may not have been fully thought through.

"Was that particular reaction from the some of the police adversaries anticipated? To be quite frank, it was not," Bratton said.

"But at the same time it's not going to cause us to change

any of our efforts to be very active on social media ... It is what it is. It's an open, transparent world."

The #myNYPD traffic was holding steady on Wednesday, but the dialogue had shifted from mockery of the NYPD to an analysis of what went wrong, including the tweet "Social Media 101: Be careful what you ask for."

THE ASSOCIATED PRESS

Labour. McDonald's puts foreign worker program on hiatus amid criticism

McDonald's Canada is putting its temporary foreign workers program on hold while a third party conducts an audit on its use of the plan.

Stung by recent criticism of its use of foreign workers, the restaurant chain's vice-president of human resources Len Jillard said Wednesday the firm needs to pause the plan to prove to Canadians it is abusing neither the program, nor its workers.

Jillard said McDonald's has already informed the federal government — including federal Employment Minister Jason Kenney — about its plans.

"The reason why we're doing that is we want to communicate to everyone we're taking this very seriously," Jillard said. "We're taking a pause. We're making sure that we've got everything in order, which I'm convinced we have."

Three McDonald's franchises in Victoria and a pizza restaurant in Weyburn, Sask., are at the centre of program-abuse allegations involving Canadian employees alleging foreign workers were given priority work status and in some cases took their jobs.

McDonald's is in the pro-

Penalties

In Winnipeg on Wednesday, Employment Minister Jason Kenney warned that employers who abuse the temporary foreign workers program could face fraud charges and possible jail time.

- Kenney said the number of abusers is believed to be small, but penalties can be strong, and a bill before Parliament would make it easier to impose penalties on employers who break the rules.

cess of taking full ownership of the three Victoria franchises from the Victoria operator who previously held an 80 per cent share in the three outlets.

Jillard said the company was setting up the terms of reference for the third-party analysis, but hadn't yet hired the firm that would do the work.

"It's responsible for us as a reinforcement of our core value of being responsible, ethical and caring for our employees that we take this pause right now." **THE CANADIAN PRESS**

Rebels claim Syrian forces used chlorine gas



In this photo, children are seen receiving oxygen in Kfar Zeita, a rebel-held village in Hama province north of Damascus. SHAAH NEWS NETWORK/THE ASSOCIATED PRESS

Proof? Activists have posted videos online depicting pale-faced people coughing and gasping for breath

Syrian government forces have attacked rebel-held areas with poisonous chlorine gas in recent weeks and months, leaving men, women and children coughing, choking and gasping for breath, according to Associated Press interviews with more than a dozen activists, medics and residents on the opposition side.

Syria flatly denied the allegations, which have not been confirmed by any foreign country or international organization.

Witnesses near Damascus and in a central rebel-held village told the Associated Press of dozens of cases of choking, fainting and other afflictions from inhaling fumes that some said were yellowish and smelled like chlorine cleanser. Some of those interviewed said they believe the gas was responsible for at least two deaths.

They said the fumes came from hand grenades and helicopter-dropped "barrel bombs," which are crude containers packed with explosives and shrapnel.

Activists have posted videos similar, though on a far smaller scale, to those from last August's chemical weapons attack near Damascus that killed

hundreds of people and nearly triggered U.S. airstrikes against Syria. The new footage depicts pale-faced men, women and children coughing and gasping at field hospitals.

It's an accusation that carries high stakes, and the Syrian opposition has an interest in pushing such claims in hopes of spurring the world to take stern action against Assad, who faces a Sunday deadline for handing over all his chemical weapons for destruction.

Chlorine has a multitude of ordinary civilian uses, including laundry bleach and swimming-pool disinfectant. But in high concentrations, it can attack the lungs and asphyxiate victims.

Syria's use of chlorine-filled bombs, if confirmed, would be a violation of the chemical weapons treaty that Assad's government signed last year as part of a deal to hand over its stockpile.

On Wednesday, Syria's U.N. Ambassador Bashar Ja'afari said his government categorically denied the use of chlorine gas. Ja'afari further disputed that chlorine gas could be categorized as a chemical weapon, saying "it is a mundane substance used for bleaching clothes in the laundry or disinfecting swimming pools."

On Sunday, French President Francois Hollande told Europe 1 radio station there were "elements" suggesting recent use of chemical weapons, but no proof.

THE ASSOCIATED PRESS

Ukraine

Canada deploying 500 personnel to monitor elections

Canada is sending a message to Russia by deploying up to 500 people to monitor Ukraine's presidential election next month, a cabinet minister said.

Employment Minister Jason Kenney said the observers are part of Canada's

answer to Moscow's provocations.

Kenney said he's not worried about the Canadian presence antagonizing the Kremlin. "I hope that Moscow notices. We are doing this in part to send a message as with everything else we're doing in Ukraine," he said.

Kenney said one way Canada is showing its disagreement with Russia is to strongly support "free and fair" presidential elections in Ukraine. THE CANADIAN PRESS

Flight 370

Material washed along shore may be linked to lost plane

Authorities say unidentified material that washed ashore in southwestern Australia is being examined for any link to the lost Malaysian plane.

The search co-ordination centre said Wednesday evening that police secured the material that washed ashore

10 kilometres east of Augusta in Western Australia.

Its statement did not describe the material found.

The Australian Transport Safety Bureau is examining photographs to assess whether further investigation is needed and if the material is relevant to Flight MH370.

Augusta is near Australia's southwestern tip, 310 kilometres from Perth, where the search has been headquartered.

THE ASSOCIATED PRESS

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We're No. 1 in job growth! Well, Canada is actually more like No. 5, says OECD

Finance Minister Joe Oliver and his predecessor have been fond of trumpeting Canada's economic and job creation performance since the recession, claiming it is unequalled among the Group of Seven large industrialized nations.

The minister made the boast again this week in a speech to employers in Halifax, noting that "our government has created over one million net new jobs ... the strongest job growth over the recovery among G7 countries."

But a recent report from the Paris-based OECD suggests that Canada's employment re-

cord is not near the best.

According to 34-nation Organization for Economic Co-operation and Development, Canada would place fifth during the recovery period according to the percentage of the working-age population that held a job at the end of 2013, compared to the situation prior to the 2008-09 recession.

Economists view the employment rate as a good barometer of overall strength in labour markets because it reflects the portion of people in any given population that has jobs.

THE CANADIAN PRESS

Cookapp. Serving up a new take on the old chef- diner relationship recipe

If the latest development in culinary social media catches on, the trendiest restaurants may no longer be restaurants.

A growing number of apps and websites are taking the traditional chef-diner relationship out of established eateries. Cookapp is just the latest to launch in the U.S., connecting adventurous diners with independent chefs — and even

just ambitious amateur cooks — willing to host dinners at their homes and other offbeat locations.

Like its peers EatWith and Feastly, Cookapp is taking a bite of the "shared economy," where peer-to-peer businesses are disrupting established industries and giving headaches to municipal regulators and tax collectors. THE ASSOCIATED PRESS

Market Minute



DOLLAR
90.65¢
(-0.03¢)

Natural gas: \$4.73 US (-\$0.02)
Dow Jones: 16,501.65 (-12.72)



TSX
14,533.39 (-22.58)



OIL
\$101.44 US (-\$0.31)



GOLD
\$1,284.60 (+\$3.50)

A new view for you

Google maps.
Travel back in time,
with Street View's
latest feature

Trips down memory lane are now available on Google's digital maps.

The new twist on time travel is debuting Wednesday as part of the Street View feature in Google's maps, a navigational tool that attracts more than one billion visitors each month. Street View snapshots will now include an option to see what neighbourhoods and landmarks looked like at different periods in the last seven years, as Google Inc. has been dispatching camera-toting cars to take street-level pictures for its maps.

Even though the photos only date back to 2007, some of them illustrate dramatic changes. THE ASSOCIATED PRESS



This illustration provided by Google shows what the Howard Theater in Washington looked like in July 2009, left, and after renovation in May 2012, right. GOOGLE/THE ASSOCIATED PRESS

A thumbs-up

Facebook's Q1 revenues soar

Facebook's first-quarter earnings and revenue grew sharply, surpassing Wall Street's expectations thanks to an 82 per cent increase in advertising revenue.

The social network said Wednesday that it earned \$642 million US, or 25 cents per share, in the January-March quarter, up from \$219 million, or nine cents per share, in the same period a year ago. Adjusted earnings were \$885 million or 34 cents per share.

THE ASSOCIATED PRESS

Lac-Mégantic tragedy

Canada to phase out old rail tankers by 2017

Canada will require a three-year phase-out or retrofit of the type of rail tankers involved in last summer's massive explosion of an oil train that incinerated much of a Quebec town and killed 47 people, Canada's transport minister announced Wednesday.

Last July, a runaway oil train derailed in Lac-Mégantic, Que. About 30 buildings were destroyed.

THE ASSOCIATED PRESS

'A fishing expedition'

Airbnb fights N.Y.C. over bid to identify hosts of rentals

Airbnb has urged a New York judge to reject a subpoena for information about those using the global website to offer apartment rentals in New York City, its attorney calling that "a fishing expedition."

The subpoena is improperly "overbroad" and certain to snare information about thousands of people who haven't broken any laws, an attorney said.

THE ASSOCIATED PRESS

E-commerce

Home Hardware stores to get FedEx mini-hubs

As more Canadians turn to online shopping, courier operator FedEx hopes an agreement to open shipping centres at Home Hardware Stores Ltd. will help it grab a larger piece of the growing e-commerce market.

Federal Express Canada Ltd. said Wednesday that the centres, which serve as mini-hubs, will offer more "points of access" for customers to drop off and pick up parcels. THE CANADIAN PRESS



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WE'RE ANGRY TAXPAYERS, SORT OF

If I didn't know any better, I'd say The Angry Taxpayer is a myth.

Indirect evidence tells me they exist. They are the power source for AM radio, the fertile soil of Ford Nation, the engine that keeps the Internet's comments sections humming.

But if I've met more than one or two Angry Taxpayers during my entire life then they've hid it well.

There's that one guy who holds court in every greasy spoon I've ever eaten in, but I think he might be the same guy doing a nationwide tour.

It's called "I'll Tell Ya One Thing" and it owes some of its sense of variation to Nick-elback. I'm not suggesting there's a human being alive who likes paying taxes.

But people who "hate" their taxes hate them in the same way they hate doing laundry or taking off a Band-



HE SAYS
John Mazerolle
metronews.ca

Aid. It's a chore worthy of sighs, not an abomination worthy of a Hulk Smash.

Yet I've always accepted that the public is like the bearded guy in 300, screaming, "WE ARE TAXPAYERS!!!" before kicking a public servant into a bottomless hole representing the deficit.

Only deciding to write a column about tax time made me think about it long enough to realize that just about everybody I know would've told the guy standing near the hole that he should be careful and then lobbied their city council for a guardrail or a sign that says WARNING: HOLE.

Frankly, I've heard more outrage from friends and co-workers about disappointing

episodes of The Walking Dead than I have about Canadian taxes.

Even when there's a spending scandal it's mostly partisan reflex — outrage if your personal bad guys are in of-

fice, an acceptable slip-up if you think the good guys are in charge. I've given this some thought as I prepare my own taxes — glumly, not angrily.

Why do we accept our taxes more passively than the stereotypes imply? Is it because most of us have had some ailment covered by universal health care and decided that lower wages are worth the joy of knowing, for instance, that the neighbour you despise helped pay for your mole removal?

Is it that we realize even the worst scandal imaginable (e.g. a fake lake built for Rob Ford late-night parties in the middle of the Senate) only costs us about five cents a day?

Is it that we know if we actually had the money we'd waste it on lottery tickets and the new Johnny Depp film?

Or is it just that I live a blinkered existence and am oblivious to the seething rage of the Common Man?

I know it might be the last one, so I've been talking to people to get a sense of their rage.

Apparently the finale episode of How I Met Your Mother was really bad. Won't someone think of the children?

ZOOM

It's a scene of terror



KAREN LUNNEY/SOLENT NEWS

Wildebeest take on gruelling trek

Thrashing wildly in the water, thousands of wildebeest battle against each other to cross a powerful river. The scene of sheer panic among the animals in Kenya's Mara River — just north of the border with Tanzania — is part of the largest animal movement in the 21st century, popularly known as the Great Migration.

The herd's panic is depicted in the eyes of the wildebeest. The photographer likens the stare of this animal to Dante's Inferno in epic poem The Divine Comedy. **METRO**

Behind the lens

- **Captured by:** Karen Lunney, from Brisbane, Australia.
- **Accompanied with:** Her husband and guide, who spotted a vantage point for the sight.
- **Quoted:** "Perhaps very foolhardy, we grabbed cameras and made our way by foot through the bush to the river's edge. We watched as wildebeest reached our side of the river but struggled to find an easy way up to freedom."

Number of travellers

1.5M

wildebeest — accompanied by 300,000 zebra — make their long trek from Tanzania's Serengeti Plains, further north to Kenya's Masai Mara National Reserve. The herds of animals make the yearly, 2,900-kilometre journey in a desperate search for food and water. Some 250,000 wildebeest perish every year while taking on the arduous African odyssey.

METRO AUGMENTED REALITY

SEE THE NEWS COME ALIVE...



In this issue, you can find AR enhancements on page 8 in Business, page 17 in Life, and page 30 in Sports.

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MetroTube

Robot army amazes



ANDREW FIFIELD
metronews.ca

Every now and again, a nifty technology company unveils a demo video of a robot snake or a robot cheetah or some such thing, and they're all very cool. But then the initial dazzlement fades and you're left with the vision of being chased through backyards and alleys by herds of them.

Same goes for these critters from SRI International. The near limitless possibilities of a tiny, highly co-ordinated workforce capable of small scale manufacture is amazing. But then comes the realization that this is more or less a robot ant army. What could go wrong?

(Via SRI International on YouTube)



SCREENGRAB



Artist inspired by video games brings sound towers to gallery

Serious fun. Visitors to show are encouraged to play along with presentation of sound, sights and sculpture



BACKSTAGE PASS
Mila Petkovic
london@metronews.ca

Walking into this exhibit is like walking into the delightfully chaotic labyrinth that is James Kirkpatrick's brain.

The London-based painter, sculptor, graffiti artist, rapper and experimental instrument maker has travelled all over the world to tour his myriad of projects.

And somehow he has found a way to synthesize all his wild creations for his London show, Secret Base by the Lake, at the McIntosh Gallery, opening Thursday.

Kirkpatrick's bright and highly detailed work takes its inspiration from science fiction, cartoons and the secret worlds of video games — mashing them up and transforming them into paintings, sound sculptures and a movable wall that is a peephole to his past.

Peering through the holes in the wall send you back in time to reveal various stages of Kirkpatrick's career. Snippets of underground video footage give you insight into his

Around town

- Sign up for the workshop Studies in Sound and Vibration, presented by London Ontario Media Arts Association. It's taking place April 26 and 27 at VibraFusionLab at 355 Clarence St.
- Visit the Michael Gibson Gallery to take a look at the Black and White exhibition featuring Clark McDougall & Margot Ariss. It runs until April 26.

younger self and the medley of similarly chaotic brains he was hanging out with at the time.

One of the videos shows Kirkpatrick spray painting in São Paulo, Brazil, with the now famous identical twin brother graffiti artists Os Gêmeos (Otavio and Gustavo Pandolfo).

Kirkpatrick, who attended H.B. Beal Secondary School in London and then Halifax's Nova Scotia College of Art and Design in 2002, began as a graffiti artist. His figurative imagery is still found on walls and trains in Europe, North and South America.

Besides the giant fort containing a TV playing a music video by the artist (oh, and a lever that lowers a bag of candy into a nearby sculpture), perhaps the most fascinating part of the exhibition is the sound towers.



James Kirkpatrick poses in front of his movable wall piece. His show at the McIntosh Gallery opens Thursday. MILA PETKOVIC

The painted Easter egg-like structures are made of thrift store fabric. Their delicate insides contain wires that lead to a small box of Arduino electronics.

Sitting on top of the towers are smaller, removable spinning top-like sculptures. These secret keys have the power to unlock new tones and designs when moved to other towers.

"The sounds I'm using are from songs of mine. They come from circuit bent toys that I record and then manipulate," says Kirkpatrick.

The towers also emit different sounds based on your distance from them. People are encouraged to experiment.

"I'm interested in other people having a certain amount of chance to alter something

that I've created ... In a sense, people in the show are kind of collaborating with me — like when two people jam," says the artist.

Kirkpatrick is headed to Japan the day after the opening to tour his music and art with Japanese band Triune Gods.

Catch him at McIntosh Gallery on Thursday for the opening, starting at 7:30 p.m.

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NEWS TALK SPORTS

Blame Frankenstein, not the monster

Super Duper Alice Cooper. Doc shows how singer had to admit he was the addict — not his sinister alter ego



RICHARD CROUSE
scene@metronews.ca

Alice Cooper's theatrical brand of rock 'n' roll has been horrifying audiences for five decades.

Onstage, the kohl-eyed singer of School's Out and No More Mister Nice Guy is the stuff of nightmares.

His grotesque Grand-Guignol reputation was cemented when he was accused of biting the head off a chicken and drinking its blood during the Toronto Rock 'n' Roll Revival concert in September 1969.

A new movie, *Super Duper Alice Cooper*, details how Vincent Furnier, a preacher's son from Arizona, morphed into a baby-doll-butcher rock star who found fame under the name of a 17th century witch.

It also unveils the truth about the "poultry incident."

According to the film, it was during the climax of Cooper's wild set that a chicken somehow made its way onstage and Alice — thinking the bird could fly, threw it into the air — expecting it to soar into the sky.

Instead it dropped like a stone into the audience who promptly tore it apart. The next day newspapers reported



Super Duper Alice Cooper documents how a preacher's son named Vincent Furnier became a rock star named after a 17th century witch. CONTRIBUTED

a sensational version of the story, one that painted Cooper as a chicken-killing degenerate, giving the band their best publicity to date and Alice an idea.

"That was the moment I realized the audience really needed a villain," says Cooper.

"They wanted so much for Alice to be the guy who killed that chicken. Nobody else in rock 'n' roll would have done that except this really creepy guy up there. It clicked in my head that I needed to make this Alice character a definitive Moriarty. When that happened, I saw what the audience wanted.

"I knew I could develop this guy into something that is really going to be fun to play."

For the next 15 years he played Alice to the hilt, on stage

and off. It wasn't until a stint in rehab made him reassess his priorities and understand that Alice the character didn't need to exist anywhere except on stage. "If that grey area would have cleared up and I could have put Alice in his proper place," he says, "it would have been a lot easier.

"But like anything else, when you're a creative character, you always take the hard road. I didn't realize that Alice was not the problem. It was Dr. Frankenstein that was the problem, not the monster. Alice never drank on stage.

"Alice never did drugs on stage. It was the creator of the monster that had the big problem."

These days, at age 66, Coop-

Quoted

"I didn't realize that Alice was not the problem. It was Dr. Frankenstein that was the problem, not the monster."

Alice Cooper on coming to the realization that his villainous Alice Cooper character didn't have to exist anywhere else except on stage

er is still going strong. He remains a wild man on stage with a new tour and album in the works. "I still love the fact that people expect a show," he says, "and they get more than there were expecting every time."

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Lupita Nyong'o ALL PHOTOS: GETTY IMAGES

Feast your eyes on the world's Most Beautiful human

Congratulations to Lupita Nyong'o, who has been officially named the Most Beautiful human on the face of planet Earth by People magazine. Nyong'o rocketed to fame in the role of Patsy in 12 Years a Slave, for which she won an Oscar.

Growing up surrounded by Western images of attractiveness made it difficult to see herself as beautiful, she says. "Light skin and long, flowing, straight hair," she told People. "Subconsciously you start to appreciate those things more than what you possess."

Nyong'o, who was born

in Mexico and grew up in Kenya, experimented extensively with her look as a teen, even shaving her head at one point. But now she craves simplicity: "I have been called beautiful with not one drop of makeup on," she says. "And also before I comb my hair or put on a pretty dress. Happiness is the most important thing."

This is the third time that People has named a black woman its Most Beautiful since beginning the tradition. Previous honorees include Halle Berry in 2003 and Beyoncé in 2012.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Maybe Laura and Tom would date... if they ever met...

MELINDA TAUB

Metro World News in New York

Laura Prepon is laughing off rumours that she's dating fellow Scientologist Tom Cruise. "I'm flattered because I think he's hot, so I'm like, 'Oh, that's nice.' And apparently he's very gentlemanly with me," the Orange is the New Black star joked with the Daily Beast during an interview.

"Apparently we get along great and he knows

that I have a favourite bottle of wine that I didn't even know I had." Prepon expressed her further disappointment with the tabloid reports during an interview with SheKnows.com, calling the story "false" for the record. "Where are they getting this stuff? It's unbelievable to me," she said.

"Apparently, I'm dating Tom Cruise right now and apparently, he doesn't want me doing (Orange is the New Black) because I portray a lesbian and I'm a Scientologist."

And how does she know for sure that she's not dating Cruise? Because Prepon has never formally met him, which is a tough obstacle to overcome in a relationship.

Twitter



@MarkRuffalo

Hello to all the people all over the world, and to the astronauts far out in space, and people in airplanes and boats!



@KellyOsbourne

I can't believe I started work at 2am today and don't feel like I hate my life! Maybe I'm a morning person after all or I just love working!



@rosemcgowan

My left eye has been twitching for 2 weeks now. Any remedies?



Lindsay Lohan

Lohan reveals miscarriage, ex-beaus deny culpability

Lindsay Lohan dropped a bombshell during the finale of her Oprah Winfrey-produced reality show, claiming she'd had a miscarriage while filming the series — and now her ex-boyfriends are scrambling to clear their names, according to Radar Online. Sources close to Matt Nordgren

says the reality star was blindsided by the news. "Lindsay never mentioned anything about it to him," a source close to Nordgren says. "He was shocked to hear about it." And 18-year-old Ralph Lauren model Morgan O'Connor, who had a dalliance with Lohan last fall and made a brief appearance on her reality series, is making it clear to friends he had nothing to do with the shocking news. "Morgan always said Lindsay was crazy and he was afraid she would do something really stupid to get him in trouble," a source says.

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Drop the sweats and suit up

A regal revolution. The Brooklyn Circus founder explains why he's 'shifting and changing' attitudes toward the American uniform

RICHARD PECKETT

Metro World News

Ouigi Theodore, the founder of fashion label The Brooklyn Circus, is a man on a mission. What started as a manifesto to get Americans out of saggy jeans and sneakers has gone from the streets of Brooklyn to the style capitals of the world. It's as much to do with the charisma of the dapper dresser known as 'the Bearded Man' as the effect of global tastemaking via social media. The 38-year-old refers to the phenomenon as the 'global village'. It's an idea that's at the heart of label BKc — the modern incarnation of traditional craftsmanship and old-time dressing — that's woven from the melting pot of U.S. history and culture. He sits down to talk me through his 100-year grand plan and the true meaning of hipsterdom.

You're a dapper chap, so how long does it take you to get ready in the morning?

I'm a uniform guy, so it doesn't take me as long as you want to think. Oddly enough, I would literally wear the same rig for weeks on end — I just adjust with a cardigan or throw in a pop or change the hat.

The beard has been having a moment among hipsters



Ouigi Theodore is teaching a generation of gentlemen how to take a little more pride in their appearance. OSUKE / METRO

From the Caribbean with care

"We came into America with a certain level of discipline and it was a discipline of self-awareness and presentation and so I kind of married that to my experience."

for a few seasons now and you've been sporting yours for years. How do you define the term 'hipster'?

I recently found out that hipster was a term that was used to describe white men during the jazz era who

were trying to be black guys and cool jazz cats.

That's a new one on me. Speaking of style cultures, why do you want to change the American dress code?

American culture has been



Brooklyn Circus's garments offer classic esthetics and antique motifs while upholding the pillars of modern design. TOM VAN SCHELVEN / METRO

identified as this super and ultra casual culture. It's really about sweatpants and trainers everyday. But for me, being from Haiti and the Caribbean, there needs to be a balance. We came into America with a certain level of discipline and it was a discipline of self-awareness and presentation and so I kind of married that to my experience. I bring a balance of tailoring and casual style into American sportswear.

You've got a 100-year plan, so how far along with changing the American style culture are you?

It's changing in small pockets internationally. It's not just in the U.S., thanks to the Internet. It's incredible to see something that you think is so local being picked up globally.

Is social media helping you get the word out?

Absolutely, totally. Social media is communication. I think people look at it sometimes as entertainment, when the reality is that the communication aspect precedes entertainment. As much as people are looking to see what's going on and writing LOL on posts,

there's a lot of information being flushed through the network.

Do you find design ideas through social media?

Yeah, it's being able to travel the world everyday in small bits. I'm looking at what's happening in London and Japan and it's in real-time.

Why are the Japanese so often the first to discover new trends?

The Japanese have a special way of figuring out and hunting for what's new. It's such a competitive environment that they have to go and seek out the next thing. They love culture and anything that has a vibration or soul to it.

Do you identify with the Japanese pace of working or is it more about brand longevity for you?

Absolutely, totally. I want to be able to run into a vintage store 40, 50 years from now and see our product. It's a cycle: We buy a lot of vintage and we're inspired by it and we design off of it. We have to create something that'll become the vintage of tomorrow.

Trends Report

If it smells good, you would probably want to taste it — but if you know it tastes good, would you want to wear it? Go online to Trends Report to see all the odd fragrances that have been inspired by your favourite foods and desserts.

- Online. Follow Irene on Twitter at @MetrolreneK or Instagram: kuanirene; metronews.ca/voices/trends-report



Stock images via Colourbox.com/Graphic Irene Kuan

The fragrant and the famous

Pine-ing for Armani's new perfume

Ten years after the launch of Armani Code, the Italian luxury brand has presented a new variation on this sophisticated classic, with its woody accords enhanced by notes of citrus and cool mint. Armani Code Ice arrived in stores on April 15th.

Developed by master perfumer Alberto Morillas, the fresh new fragrance stands out for its lemon notes, combined with clary sage and tonka bean. Extracts of Grasse peppermint provide icy freshness.

The flacon maintains its original shape but has taken on a steel grey colour, reflecting the fresh and cool character of the scent. As announced in February, actor Chris Pine (Star Trek, The Ryan Initiative) is the face of the new men's fragrance. The 33-year-old will star in a campaign shot in Los Angeles by Andrew Dominik.

AFP



3
THE

PLUS
HOMES

HEALTHY HABITS

KEEP YOUR TEETH IN GREAT SHAPE

You have mere seconds to make a first impression and a healthy smile, whiter teeth, and fresh breath are all part of making a good one.

April is Oral Health Month, which means it's a good time to think about all the habits that contribute to a winning smile. The best way to keep your teeth in great shape are: Take care of your overall health, including good oral hygiene; whiten teeth as necessary; and be conscious of keeping your breath fresh.



Dr. Travis Stork

HEALTHY TEETH

A healthy mouth is part of a healthy body, says Dr. Travis Stork, a practising board-certified emergency medicine

physician and an Emmy-nominated national television host.

When you don't take care of your teeth and gums, the results become very noticeable, very quickly — bad breath and stained teeth are hard to miss.

But poor oral hygiene can also lead to a more damaging problem — gingi-



SHUTTERSTOCK

vititis. Over time, gingivitis, which is an inflammation of the gums, can cause gum disease and even loss of teeth.

Of course, you need healthy teeth and gums to eat and enjoy your food. Also, the condition of your teeth and gums can affect the way you feel about yourself too, Stork says.

Factors that affect the health of your teeth:

- Poor oral hygiene;
- Gingivitis;
- Unhealthy diet;
- Underlying health conditions.

HEALTHY SOLUTIONS

Good health comes with a healthy lifestyle, Stork says — stay active, eat healthy, and take care of oral health.

It's most important to reduce the

amount of sugar, specifically in your diet, which is one of the main causes of dental problems.

"Cut out as much refined sugars as possible," Stork says. "Instead, enjoy the natural sweetness of fruits."

Oral hygiene is important, too. Brush and floss your teeth and rinse every day. Stork recommends brushing with an electric toothbrush for two minutes twice a day, flossing, and rinsing with an anti-septic mouthwash.

Use Crest Pro-Health Clinical toothpaste, Stork says. It can help prevent and even reverse gingivitis and early stages of gum disease.

Be sure to see your dentist at least twice a year for routine cleaning and a checkup. See your doctor for any health problems, too.

BENEFITS OF A BRIGHT SMILE

Whitening teeth is one of the easiest and most noticeable cosmetic changes you can make today. While whiter teeth brighten your smile, the benefits go much further than that. A beautiful, whiter smile is also good for health and wellness.

For example, looking good gives your self-esteem a boost and that will affect your self-confidence and how you feel about life in general.

Someone with whiter teeth, compared to stained teeth, appears to be friendlier. When people have a bright smile, they tend to show it off more often.

There is an anti-aging effect as well — research has shown that whiter teeth are associated with beauty, health and youth.

Factors that affect the colour of teeth include:

- Genetics — some people are born with teeth that are more yellow than white.
- Age — as a natural part of aging, some people's teeth discolour.
- Smoking — cigarettes leave behind yellowish nicotine stains on teeth; so smoking is just as unhealthy for teeth as it is for the body.
- Coffee, tea and red wine — drinking dark liquids can stain teeth, too.
- Medication — certain medications tend to discolour teeth.
- Oral hygiene — plaque and tartar buildup affect the colour.

SWEET SOLUTIONS FOR FRESH BREATH

For whiter teeth, quit smoking. Talk to your dentist or doctor about any concerns. If you ingest foods that may stain, rinse your mouth afterwards. Be sure to brush your teeth, floss, and use a dental mouthwash at least twice a day. Brush with Crest Pro-Health Clinical toothpaste, a whitening toothpaste, and try a whitening product.

FRESHER BREATH

Morning breath is one thing. But halitosis, or bad breath,

on a more regular basis can negatively impact your day-to-day life, and it may signal dental or other health problems. Since sense of smell is so closely linked to emotions, fresh breath is an important part of connecting — romantically, in a business setting, and in day-to-day activities.

Bad breath, in fact, has been referred to as a "social life killer." In the extreme, people who know they have bad breath often avoid talking to other people.

Bad breath can cause major problems for married people,

too. Halitosis is one of the main reasons people with partners see their dentist.

Factors that affect bad breath include:

- Poor oral hygiene;
- Strong smelling foods;
- Smoking;
- Health problems.

SWEET SOLUTIONS

Brush and floss at least twice a day to prevent odour-causing bacteria from settling in the mouth. If bad breath is caused by food choices, be sure to rinse your mouth, brush your teeth and rinse with a dental mouthwash after you eat. Talk to your dentist or doctor about your concerns. Be sure to always carry sugar-free gum or mints and mouthwash, too.





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MY **Crest® + scope®** ROUTINE

Crest® Complete toothpaste fights cavities.

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Creamy Poblano Rajas: Sidekick for meat

This recipe calls for the chiles to be charred, sweated and stemmed.

To char them, Pati Jinich suggests, "Place the chiles in a dry skillet set over medium heat ... turning them every two to three minutes for six to nine minutes."

Then, to make them sweat, Jinich says, "Place the chiles in a plastic bag or bowl. Seal the bag or cover

the bowl tightly with plastic wrap and allow the chiles to sweat for 10 to 20 minutes."

Lastly, you must peel and rinse the chiles by, "holding each chile under a thin stream of cold running water" and removing the charred skin with your fingers.

Then make a slit down one side of the pepper and remove the cluster of seeds and veins.

1. Heat the butter in a large skillet over medium-low heat until melted and foamy. Add the onions and cook, stirring occasionally, until soft, translucent, and starting to gently brown around the edges, about 15 minutes.

2. Increase the heat to medium-high and add the poblano chile strips. Sprinkle with the salt and pepper

and cook for 2 to 3 minutes, until the chiles have lightly browned. Reduce the heat to medium, add the cream and cheese, and cook, tossing gently, until the sauce thickens, 5 to 6 minutes. Serve hot.

THIS CREAMY POBLANO RAJAS RECIPE HAS BEEN EXCERPTED FROM PATI'S MEXICAN TABLE, © 2013 BY PATI JINICH. REPRODUCED BY PERMISSION OF HOUGHTON MIFFLIN HARCOURT. ALL RIGHTS RESERVED.



This recipe serves eight. PENNY DE LOS SANTOS.

Ingredients

- 3 tbsp unsalted butter
- 1 1/2 cups slivered white onions
- 1 lbs poblano chiles, charred, sweated, peeled, stemmed, seeded, and sliced into 1-x-1/2-inch strips
- 1 tsp kosher or coarse sea salt, or to taste
- 1/4 tsp freshly ground black pepper, or to taste
- 1 cup crème fraîche
- 1/2 cup crumbled queso fresco, Cotija, farmer cheese, feta, or ricotta salata

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Veggie Weekend (iPad/iPhone; free)



MIND THE APP
Kris Abel
@RealKrisAbel
life@metronews.ca

Suitable for vegans, vegetarians, and understanding omnivores alike, this collection of 18 recipes inspired by world cuisine is ideal for family gatherings, offering kale burgers, saffron risotto, and holiday dishes.



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Cookbook of the Week

Mexican flavours
in your kitchen



As the host of the PBS series *Pati's Mexican Table*, Pati Jinich proves that Mexican cooking is quicker and easier than most North Americans think.

Now she puts that concept to use in her book of the same name. Surprising in its simplicity and freshness, her recipes aren't overloaded with cheese or heavy sauces. Many specialties in the book Jinich learned from her mom and grandmother, while others are spins classics. **METRO**

What sounds Italian but rules Mexico?

Milanesa de pollo.

Believe it or not, this Italian-sounding recipe is among the country's most popular dishes

"The word Milanesa refers to beef, pork, veal, or chicken that has been pounded thin, breaded, and fried until deliciously crisp and golden brown," writes Pati Jinich in her book *Pati's Mexican Table*.

"My addition of tangy crumbled cheese gives the breading an extra layer of flavour, and the pinch of ground chile takes the Milanesas a step beyond traditional versions.

"I could eat Milanesa de pollo every day for the rest of my life. My kids feel the same way: I usually prepare a double or triple batch at a time, store them uncooked in the freezer, and pull them out as needed during the week."

1. In a large shallow bowl, whisk together the eggs and milk. Combine the corn flakes with the cheese, chile, and salt and spread on a plate.

2. Dip each chicken breast in the egg mixture, then coat it on both sides with the corn flake mixture, so the whole breast is covered. Set aside on a plate.

3. Heat 1/4 inch of oil in a 12-inch skillet over medium heat until hot but not smoking, 2 to 3 minutes. Add as many chicken breasts as will fit in a single layer, without crowding the pan. If the edges of the Milanesas aren't bubbling in the oil, raise the heat to medium-high. Cook for 2 to 3 minutes on the first side, until golden brown and crisp, then gently flip and repeat on the other side. Remove the Milanesas from the pan and set them on a paper-towel-covered plate and keep warm. Repeat with the remaining chicken pieces, add-

ing more oil if needed. (If you are not serving them immediately, place the Milanesas in a baking dish, without the paper towels, and keep warm in a 250 F oven.) Serve hot.

EXCERPTED FROM *PATI'S MEXICAN TABLE*, © 2013 BY PATI JINICH. REPRODUCED BY PERMISSION OF HOUGHTON MIFFLIN HARCOURT. ALL RIGHTS RESERVED.

Ingredients

- 2 large eggs
- 2 tbsp milk
- 1 cup Kellogg's Corn Flakes crumbs or dried bread crumbs
- 1/2 cup finely crumbled queso fresco, Cotija, ricotta salata, or mild feta
- 1/2 tsp ground dried chile, such as piquin, or a Mexican mix, such as Tajin, or to taste
- 1/4 tsp kosher or coarse sea salt, or to taste
- 6 boneless, skinless chicken breasts, pounded thin
- Vegetable oil



This recipe serves six. PENNY DE LOS SANTOS

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Stag trophies go from hokey to hipster

**Mounted antlers
über cool in Germany.**
Old world stuffiness
reclaimed with humour

Not long ago, self-respecting young German urbanites would have turned on their heels if they spotted a mounted deer head or a set of ant-

lers in a bar.

In the sometimes subtle language of taste and demographics, taxidermy in Germany screamed old-fashioned, tacky and even a bit right-wing.

Whereas in Britain, for example, mounted animals might conjure up stately homes and quaint rural pubs, Germans would be more likely to have faint echoes of the

Racking up the irony

"A rack of antlers is a wonderful style accessory to show that you have a sense of irony."

Jennifer Wiebking wrote in the staid broadsheet Frankfurter Allgemeine Sonntagszeitung.

Bavarian backwoods and a parade of Nazi and communist strongmen earning their macho bona fides with hunting exploits.

But in the tradition of hipsters the world over, stag heads have been flipped into an ironic statement by those self-styled urbane, creative



A deer head trophy hangs on the wall of the restaurant Raststaette Gnadenbrot in Berlin. JOHANNES EISELE/AFP PHOTO

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and politically progressive types in the uber-cool neighbourhoods of Berlin, Hamburg and Munich.

And, in the next iteration of the trend, upscale home furnishing designers are even selling blinged-out deer heads with rhinestones and gold-plating.

The staid broadsheet Frankfurter Allgemeine Sonntagszeitung devoted a lengthy piece this year to the deer trophy, saying it had long escaped "grandpa's hunting hall."

"It was a dust-gatherer, part of a dead animal which, should you have ended up inheriting one, you didn't know what to do with. Would the rubbish collectors pick one up?" Jennifer Wiebking wrote.

She said that taxidermy first started popping up in modish bars and restaurants before conquering the private flats of the style-conscious, where they are of course hung only with a wink, and a nod.

"A rack of antlers is a wonderful style accessory to show that you have a sense of irony," she wrote.

'Retro trash kitsch'

Klaus Siebenhaar, a professor of cultural and media studies at Berlin's Free University, said that if many abroad think of "sauerkraut and sausage" when they think of Germany, Germans themselves link the stag trophy with their own national identity.

"It is the symbol of the German forest, of provincialism, of nature and at the same time of the petite bourgeoisie," he said.

"It is the incarnation of German stuffiness."

He argued that mounted animal trophies were similar to the wildly popular Jaegermeister liqueur which uses a stag's head logo and has also

Pimp My Antler Rack

- German news agency DPA recently ran a piece headlined Pimp My Antler Rack profiling designers who decorate the mounted heads of roe, bucks, elk and cattle and sell them for a premium to hang in homes, restaurants and even offices.
- A website, geweihshop.de, ships deer trophies in gold, silver and hot pink and even offers a rabbit head adorned with antlers, along with more traditional models.

managed in recent years to straddle the student-pensioner divide.

In Berlin's main hipster habitat, the Neukoelln district, animal trophies have become nearly as ubiquitous as full beards and skinny jeans.

Ines Djampour owns Rudi-marie, a cafe that attracts students and fashionable young parents alongside a few older longtime residents of the neighbourhood.

Carefully curated mismatched vintage garden furniture, antique lamps and wall hangings make up the decor, and a deer trophy has pride of place opposite the front door.

"In my childhood you saw an animal trophy and immediately thought of right-wing politics and that side of society," Djampour said.

"I think the time has come to use these trophies as decoration again in a different context with a sense of humour. As soon as they're taken out of one element and put in another, you have a different relationship to them." AFP

Summer chairs do a double take

Made to withstand the outdoor elements, these well-designed chairs know no barriers. Because they're water- and stain-resistant, they're super-durable no matter where you use them. Ideal to add pizzazz outside and hard-wearing enough to withstand rough family living inside, this is what I call great double-duty, all-weather design. Take a seat in style!



DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Dine out on red

Pilgrim style gets a lick of colour. Used outside or in, this chair will become a classic wherever it is placed. Union Red Dining Chair with cushion, \$275, crate-andbarrel.com



A total eucalyptus of the yard

Dare Studio designed rocker with FSC-certified solid eucalyptus wood offers a small footprint and a sculptural quality wherever placed. Outback Rocking Chair, \$329, cb2.com

Gehry as the day is long

Designed for indoors or out, Canadian-born Frank Gehry's sculpted and twisted collection adds visual interest wherever it is placed. Frank Gehry Outdoor Collection from \$250, designwithinreach.com



Pine for garden or kitchen nook

Paint a fun colour and top with some seat cushions for an instant banquette at the kitchen table. Outside it becomes a place to collect thoughts in the garden. Pine Park Bench, \$129, canadiantire.ca

Come to me, my precious metal

The perfect perch for the front foyer or the balcony. Textured Metallic Garden Stool, \$90, homesense.ca



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Clear the air inside the house

Mould and dust. Poor air quality inside is as bad for your health as outdoor pollution

The decor of homes may vary, but the one thing the interiors have in common is air — yet most homeowners don't consider the quality of what they're breathing.

Nooks and crannies

Very few people are aware

of all the nooks and crannies where mould, one of the most common indoor air pollutants, can build, says Norm Hoessmann, licensed home inspector with Victoria's Aardvark Inspections.

"Older homes often have bits of mould in several places, which means they can be overlooked," says Hoessmann. "But if you gather up all those little spots like windows, toilet tank and the thresholds at front doors, and you put them together, there can be a large area of solid mould."

Moisture attracts mould

According to Hoessmann, common places where mould can grow are around sources of moisture and constant water supplies.

Homeowners should be aware of areas under their sinks where leaky pipes might attract mould spores, front-loading washing machines, which can be sources of mould if not aired out after use.

While the rooms we use the most, like bathrooms and kitchens, can be sources of indoor air pollutants, Hoessmann says homeowners need to be aware that mould can also grow near their furnace and air conditioners.

"Furnace cabinets can attract mould because they have the cold air from outside being sucked in to feed the furnace, which meets the warm air in the room and creates condensation, which could create mould over time," he says.

Find source and control it

Combating possible pollutants in a home is as easy as finding the source and then controlling it.

"You find the source of the pollutant in question, like for example if you have a pet you are allergic too, you are able to cope with it by vacuuming, cleaning and regularly removing pet hair from the home," says Connie Choy, air quality spokesperson for the Canadian Lung Association.

"If there is mould, try to remove the source of the mould, and clean up possible mould growth as soon as you see it."

Canadians spend most of their time indoors

According to Choy, Canadians spend 90 per cent of their



Ventilating front-loading washing machines helps eliminate possible areas for mould growth.

CONTRIBUTED/THE CANADIAN PRESS

time indoors, and they often forget about the things that can affect the air quality in their homes, which in turn affect their health.

"If you are running a humidifier inside and it has led to more moisture buildup, it can lead to mould growing," she says. "Ventilation is another way to remove air pollutants from the home whether it is a bathroom fan or over the stove when cooking to make sure moisture doesn't build up."

Just because you can't see it...

Homeowners are quick to deal with visible problems such as chipped bathroom tile and faded curtains, but because the air in a home can't be seen, it's easy to ignore the care of it.

"Our homes aren't something we think of very often when it comes to air quality," says Choy.

"Generally I think people think of air quality outside that we breathe, and include a big factory with smoke coming out of it, or someone polluting with their vehicles. We spend so much time indoors and are exposed to so many different things, but we are so busy, we forget to think about the air we are breathing."

THE CANADIAN PRESS



Household cleaners and chemicals can contribute to indoor air pollution.

CONTRIBUTED/THE CANADIAN PRESS

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metro

ARTS, CULTURE & ENTERTAINMENT

Thursday, April 24, 2014



◉ **INSIDE:** An eight-page feature celebrating what London has to offer on the cultural stage

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Tegan and Sara are scheduled to take the stage at Rock the Park on July 24. THE CANADIAN PRESS FILE

New experiences

Music festivals. Events help celebrate a city's character and build it on many levels

JASON
MENARD
For Metro

Perhaps it's because Londoners are so anxious to shake off the winter blahs, but when the leaves return to The Forest City, the citizens are ready to support a variety of musical festivals the sprout up in and around the core.

Savanah Sewell, founder and director of the Grickle Grass Festival and recent addition to the board of the Home County Music and Art Festival, said that events like music festivals give a city its character.

"I wish we didn't have to tell anyone why they should come to these events," she said. "I wish they just knew. I wish they would say, 'I live in a great city that offers these



Music festivals in and around London allow families to get out and explore new experiences. CONTRIBUTED

opportunities for me and my family,' or 'I have a great opportunity to experience something new and maybe meet some people and strike up a conversation.'

"I think about the great cities I know, like Austin, Texas. It's a great city because people get it at all levels, from municipal politicians to teachers to residents. They

get that Austin's awesome. We're the 11th largest city in the country. We have a great opportunity to celebrate our city."

Almost every week from late spring to the end of summer, there is a festival in or around the city's core. The main music festivals are as follows:

For more, see page 23.

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Rivers Cuomo and Weezer will headline the Rock the Park music festival's opening night on July 24. TORSTAR NEWS SERVICE FILE



Ashley MacIsaac and his fiddle will visit the Rock the Park festival. For more acts, see rockthepark.ca. THE CANADIAN PRESS FILE

On the web

- Grickle Grass Festival (May 31) — thegrickle-grassfestival.tumblr.com/
- TD SunFest (July 2-6) — sunfest.on.ca
- Festival at the Forks (July 6-8) — london2014.net
- Home County Music and Art Festival (July 18-20) — homecounty.ca
- Gone Country Music Festival (July 23) — gone-country.rockthepark.ca
- Rock the Park (July 24-26) — rockthepark.ca

Continued from page 22

- Grickle Grass Festival (May 31) — A festival of art and music for both kids (during the day) and adults (in the evening).
 - TD SunFest (July 2-6) — A celebration of the world's cultures, music, and food.
 - Home County Music and Art Festival (July 18-20) — More than 40 years of celebrating folk music and art.
 - Gone Country Music Festival (July 23) — An all-country celebration to kick off Rock the Park.
 - Rock the Park (July 24-26) — A three-day rock concert featuring top acts from music's past, present, and future.
- The local musical component is key for Sewell.



Darius Rucker will play the Gone Country festival. GETTY IMAGES FILE



Dean Brody is set to take the stage at Gone Country. TORSTAR NEWS SERVICE FILE

"We have to be exposing our audience and our city to new things," Sewell said. "We have a mandate to showcase good local talent, but also what's out there that you're not normally go-

ing to see in London.

"Local acts should be on all events, that's how you build, by pairing local with good touring acts. That's how it works in markets around the world."



Sammy Hagar is one of many acts scheduled to play the Rock the Park music festival in July. GETTY IMAGES FILE

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Galleries. Reach out and touch something

JASON
MENARD
For Metro

In a time when kids grow up with smartphones and tablets in their hands, the idea of visiting a gallery may seem antiquated. In London, the staid and stern galleries are a thing of the past and today's museums are working to meet the changing needs of today's discerning consumer.

"Our museums, in general, are looking for new ways to separate themselves from other entertainment options out there," said Deanne Kondrat, the communications coordinator for the London Arts Council and the London Heritage Council.

"Art galleries are no longer just about looking and not touching — exhibits are interactive and you get to experience living history and culture."

London has a wealth of museums and art galleries spread throughout the city, but with a particular concentration in the core. The councils have combined their promotional efforts to create



London has a wealth of museums and art galleries spread throughout the city. CONTRIBUTED

an online hub called londonculture.ca, and list exhibits on the Tourism London website.

Upcoming exhibits include:

- Ting Comedy and Graphic Arts Festival (April 22 to May

3) — The Arts Project

- James Kirkpatrick: Secret Base by the Lake (April 17 to June 7) — McIntosh Gallery
- Abstraction to Abstraction: Patrick Thibert (April 19 to Aug. 24) — Museum London

From historical museums to technology centres, traditional art galleries to Fanshawe Pioneer Village, there is a world of cultural experiences available for people to explore, as long as they are willing to

leave the comforts of home.

"It is a challenge to get people to turn off Netflix and experience life," Kondrat said. "Museums aren't the same as when I was in public school, bored out of my mind. Now

Selected resources

- London Arts Council Information Hub: londonculture.ca
- Museum London: museumlondon.ca
- London Children's Museum: londonchildrensmuseum.ca
- Tourism London: londonontourism.ca
- The Innuitt Gallery: Innuittgallery.com
- The Arts Project: artsproject.ca

my mind is continually blown by what I'm experiencing.

"We can do so much on the Internet, but it's important to step away and experience life yourself. You can go on Wikipedia and find out about our history and what it was like in the past, but to experience it for yourself, see it, and live it is a much more valuable experience."



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A challenge for chuckles

JASON
MENARD
For Metro

It's not all fun and games, but London's comedy scene is on the upswing. And it's being propelled by an underground movement of budding young talent that's committed to supporting each other and growing an audience.

"It's a very tough crowd — it's very hard to find that core audience," said Matt Ker, co-founder of Bad Idea Comedy. "It's there, but it's hard to fill a room."

Part of the challenge is that the rooms aren't always consistent. Since the demise of downtown's Big League Comedy, booking shows has been hit and miss. But now some venues are stepping up and seeing a return on their investment.

"The scene is just exploding now. When Big League Comedy closed, a bunch of us decid-

- Laughing in London**
- Bad Idea Comedy: [facebook.com/Bad-IdeaComedy](https://www.facebook.com/Bad-IdeaComedy)
 - Shut the Front Door Improve Presents Laughing Stock (May 9) — London Music Club
 - Norma Jean's: normajeans.ca/
 - Yuk Yuk's: western-fairdistrict.com/dining/yuk_yuks_comedy_club
 - Poacher's Arms: poachersarms.ca/
 - Roxbury: roxburygrill.com/
 - APK: theapk.ca/

ed that we'd get together and make it happen on our own,"



There are now more venues in London to enjoy stand-up comedy. SHUTTERSTOCK

he said, adding that he has used social networking and good, old-fashioned poster to promote shows. "It took us a good year and a half to keep our audience and show that there is value. There will be drink sales. Now it's actually worth my time because we're

making some money from it."

Bad Idea runs monthly shows at the Roxbury. Other bar venues like the APK, the London Music Club, Norma Jeans, and the Poacher's Arms also have regular or semi-regular shows. And, of course, the big name is Yuk Yuk's, which

is present in the Western Fair District and hosts both professional and amateur shows.

But while London has a history of collegiate comedy — Free Friday Funnies at Western's Spoke were a mainstay two decades ago — Ker said the current crowd has

other interests.

"I tried to do a show at Carey's across from Fanshawe. Students wanted to get drunk and not listen. After seven months, I stopped trying there. There's a lack of interest among those at the dance bars."

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Theatre. All of London's a stage

MARK
SPOWART
For Metro

With more than 190 theatre companies and more than 130 locations across the city where performances have, or could be held, London can hold its own against live theatre heavyweight Stratford, which is a short 40-minute drive away.

Mind you, a large number of 190 companies were likely created for one or two performances. That said, there is still an estimated 40 active theatre companies within the Forest City. And of those, the Grand Theatre remains London's only fully professional theatre company.

Built in the late 1800s and opened officially in 1901, the theatre on Richmond Street remained an amateur venue for nearly 70 years. During its tenure it has served as both a live theatre and film house.

Oil & Water is on the main stage at the Grand until May 10. The Tale of London Town is being presented from May 8-17. Then Grand House Party



The Grand Theatre remains London's only fully professional theatre company. MARK SPOWART/FOR METRO

12, a fundraiser for Women's Community House, is scheduled for June 20.

Across town at The Palace Theatre, the London Commu-

ity Players is presenting Queen of Milli Galt from May 15-24, followed by Ten Chimney's running from June 19-28.

Judy: Stonewalled is being

presented by A Missing Link theatre company from June 4-14 as part of the annual London Fringe Festival.

The London Fringe Festival

is an annual live theatre event that runs at multiple venues for two weeks in June. For 2014, the festival features 17 local acts, 10 provincial acts, five national acts and eight international acts. The festival kicks off with a parade of performers in costume throughout the downtown core of the city.

"Fringe has been going strong since 1998, and every year brings some new flavours to London's theatre community," said Deanne Kondrat, spokesperson, London Arts Council. "Dozens of shows play, some in traditional theatre settings like the McManus Theatre, and some in non-traditional, like the bar Rumrunners."

"Fringe comes at a good time during the year because it's when the theatre seasons at The Grand and Palace Theatre wind down, so it fills that gap a bit for people."

The Original Kids Theatre, located inside the Spriet Family Theatre, has proven to be fertile ground for actors who have gone on to successful careers in Stratford, New

Fringe Fest teams up with Nuit Blanche

The Fringe Festival is a worldwide festival using the same format of Edinburgh Festival Fringe. And for this year it is incorporating another successful arts evening in London.

"This year, the London Fringe Festival is working with Nuit Blanche over the June 14-15 weekend," said Deanne Kondrat, spokesperson, London Arts Council.

Nuit Blanche is an evening of visual and performance art that takes place in a number of cities, with performances starting after the sun has set.

York and Hollywood, including Megan Park and Rachel McAdams.

It has a number of shows running as part of its summer theatre program. A complete listing of the shows is available at originalkids.ca.



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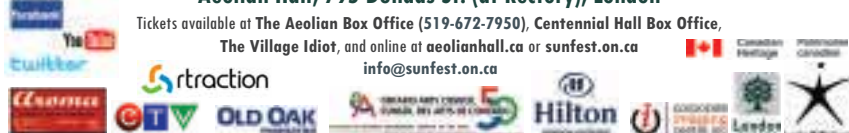
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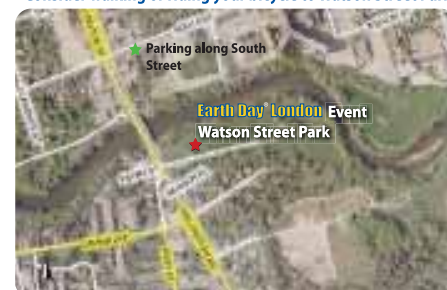
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The Pixley Fulford Mausoleum is considered to be an example of one of the finest funerary monuments in Canada today. MARK SPOWART/FOR METRO

Leading ladies

MARK SPOWART
For Metro

London has had its share of leading ladies not only grace stages across the city, but have also gone to have successful acting careers.

Rachel McAdams is possibly the most recognizable actress to hail from the region. McAdams got her start acting at the Original Kids Theatre Company when she was a teenager.

Other actresses include Amber Marshall, Kate Nelligan, Ingrid Kavalaars and Lolita Davidovich.

And while these starlets no doubt have a fan base and following, none are as likely revered and celebrated as the story of Annie Pixley.

"Annie Pixley is an interesting story people love to hear about," said Deanne Kondrat, spokesperson, London Arts Council. "She became a celebrity here because of her work at The Grand Opera House (now called The Grand Theatre). And I think



Amber Marshall.
THE CANADIAN PRESS FILE



Rachel McAdams.
THE ASSOCIATED PRESS FILE

people are drawn to her story because there was an air of mystery around her death."

Her career started in a three-person act with her two sisters. The act eventually broke up and Pixley married fellow actor Robert Fulford and begun a successful career.

Pixley died in London, England, in 1893 at the age of 40. While there was a great deal of speculation surrounding her death from what was reported at the time as "brain fever," Pixley's husband spared no expense to ensure her remains were interred in

a manor befitting her status as an actress.

Fulford purchased a plot of land, which is now part of Woodland Cemetery in the city's west end.

A marble-and-stone mausoleum with solid bronze gates was erected in 1897 at a cost of \$20,000, and is still considered to be an example of one of the finest funerary monuments in Canada today.

Pixley, her son, Tommy Fulford, three members of Fulford's family and Robert Fulford all are interred in the Pixley Fulford Mausoleum.



Sandra Oh.
THE ASSOCIATED PRESS FILE

Gracing the stage

The Original Kids Theatre Company is both a theatre company and summer camp for kids who are interested in the performing arts.

"OKTC has shows running through the summer and these productions are always a treat," said Deanne Kondrat, spokesperson with London Arts Council. "It is insane how much talent these young people have."

Other leading ladies to have graced stages in London include Jessica Tandy, Maggie Smith and Sandra Oh.

The Grand Theatre

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The best thing about catching local musical acts is you never know if they will be the next Radiohead. THE ASSOCIATED PRESS FILE



Electronic dance music is popular with students in London. SHUTTERSTOCK

Local talent is driving the music scene

Anyone who has followed music history knows that music tastes tend to move in cycles. So it's no surprise that

the same can be said for live music in any city.

Fortunately for residents of London, we are at the cusp of

an upswing in local live talent in the Forest City.

"London was in a down period in terms of attendance,

but over the last couple of years it's been turning around and I'm seeing an influx of new people coming out to shows," said Brandon Eedy, from SummerCamp Productions.

"It's very cyclical in terms of what people are in to. "EDM (electronic dance music) is probably the most popular with students, but there are various different segments of musical interest in the city."

London has an assortment of live venues ranging from small corner bars to the 9,000-plus Budweiser Gardens that offer any number of musical acts. Despite that, Eedy said there is still room to grow.

"Venue-wise, out of five, I give London a three. We're lacking in all-ages venues like the Embassy.

"There are not enough

Music contacts

- London Music Dot Ca: londonmusic.ca/
- Aeolian Hall: aeolianhall.ca
- Budweiser Gardens: budweisergardens.com
- Call the Office: calltheofficeof-ficerocks.blogspot.ca/
- London Music Club: londonmusicclub.com/
- London Music Hall: londonmusichall.com/
- Indie Underground: indieunderground.ca/

the age group that is driving music."

But in terms of the overall scene? It's five out of five.

"London has some incredible bands and it's on its way up," he said, pointing to acts like the Texas Kings, Marcelus Wallace, and Ivory Hours as ones to watch. "But I could list 50 bands that are worth noting."

So why should you head out to a local show? Eedy has first-hand experience with the benefits of live music at local venues like Call the Office, the London Music Hall, or the Arts Project, to name just a few.

"The biggest thing is that you never know who is going to be the next Arcade Fire," he said. "I saw Radiohead at Call the Office when I was 13. You can catch a band on the way up and have that memory for life." JASON MENARD

facilities facilitating for the under-19 crowd and that's

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Knights bring in some help from Quebec

Memorial Cup.

Former Cataractes assistant passing along insight into the long playoff layoff



DAVE
LANGFORD
dave.langford@metronews.ca

The London Knights leave no stone unturned.

So when they were faced with a 35-day layoff before their Memorial Cup appearance on home turf, the Hunter boys — that would be head coach Dale and general manager Mark — looked around to see who had faced this hockey oddity before.

The most recent team to secure the rights to the Memorial Cup, then lose out in the second round of league playoffs and endure a 4-5 week “layoff” and still go on to win the cup? That would be the Shawinigan Cataractes in 2012.

And just to complete the slippery surface circle, it was the Knights the Cataractes defeated 2-1 — in overtime, no less — to the win the cup.

Danny Dupont, who was an assistant coach with the Cataractes that season, was on the ice at the Knights’ practices this week, showing the Knights what Shawinigan went through in 2012.

“He brings knowledge in the situation, since he’s been through it and he knows what



Dale Hunter of the London Knights. METRO FILE

they did well and maybe what they should have changed if anything during their time there in Shawinigan,” Knights assistant general manager Rob Simpson said Wednesday.

It didn’t hurt that Dale Hunter was a teammate of

Danny’s father — the legendary Andre (Moose) Dupont — with the Quebec Nordiques and that Danny had some spare time on his hands, having been dismissed as head coach of the Acadie-Bathurst Titan in January.

“(Danny) is a very passionate and intense personality so he brings just a different voice to our guys,” Simpson said. “With a lot of these guys being here three or four years, sometimes it’s nice to have a different voice for a little bit

Practice is perfect

With the long wait for the Memorial Cup, the Knights are working on a three-to-one practice ratio, with three workouts and then one day off. Here’s how it breaks down, courtesy of the Knights’ Rob Simpson.

- **Day 1.** “Battle drills, more one-on-one compete drills, where it’s all about you versus another player, or a two-on-two drill.”
- **Day 2.** “More system-oriented, where it’s based on system reviews and on-ice systems.”
- **Day 3.** “It’s just you by yourself. Every drill you’re doing you are pushing yourself past what your comfort zone is to be able to bring yourself to a higher level as far as skating and conditioning.”

to motivate and just give them different looks and different takes to the way the game is played.”

Simpson said Dupont will be with the team next week and then it will be a “week-to-week” situation after that.

Meanwhile, the entire team and coaching staff will be off to Detroit on Thursday to see Game 4 of the Red Wing-Boston Bruin series at the Joe Louis Arena.

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The Sharks are on the cusp of sweeping the Kings with the likes of Raffi Torres contributing on offence. EZRA SHAW/GETTY IMAGES

Hungry Sharks circling Kings with brooms at the ready

NHL playoffs. San Jose not overconfident even with opponent reeling

Joe Thornton and the Sharks have been in command of many playoff series over the past decade. The San Jose captain has also seen just how easily control slips away during nine straight post-season trips without raising the Stanley Cup.

That's why the Sharks are both comfortable and concerned with a chance to finish off the reeling Los Angeles Kings in Game 4 of the first round on Thursday night.

"Don't give us a passing grade yet, because we're still taking the test," Sharks coach Todd McLellan said Wednesday after the Sharks' mellow

Quoted

"We're coming to win and finish them in Game 4. You can't give a team like the L.A. Kings any life. They're going to come to play."

Sharks forward Logan Couture

skate at Staples Center.

After so many years of playoff disappointments, the Sharks are one win away from kicking off their latest post-season run with quite a sweeping statement.

Not even the Sharks themselves thought they could outskate, outhit and thoroughly outplay the Kings, whose own post-season credentials are unquestioned after their title run just two years ago. Kings goalie

Jonathan Quick and the NHL's best defensive team have been shredded for 17 goals by the Sharks' balanced lines.

The Sharks got in position to eliminate the 2012 champs and their biggest rivals with a 4-3 victory in Game 3 on Patrick Marleau's fourth career overtime-winning goal, matching Jaromir Jagr for the most among active players.

"We're a confident group right now, and hopefully we can show that (in Game 4)," Thornton said. "(Game 3) could have gone either way. We know how close it is."

Starting with the franchise's first trip to the Western Conference finals in 2004, the Sharks have won 10 playoff series and made the conference finals three times. San Jose has missed the playoffs just once since 1997.

THE ASSOCIATED PRESS

Birthday bash

Wrigley Field turns 100 years old

Fittingly, the Chicago Cubs marked Wrigley Field's 100th birthday with a loss.

One out from victory, the Cubs, who have not won a World Series since 1908, allowed the Arizona Diamondbacks to rally for five runs in the ninth inning in a 7-5 loss Wednesday. The beloved ballpark is the second-oldest in the major leagues behind 102-year-old Fenway Park in Boston. THE ASSOCIATED PRESS



They were partying like it was 1914. Scan the above image with the Metro News app to see a gallery of Wednesday's festivities. DAVID BANKS/GETTY IMAGES

NBL Canada

Basketball league signs TV deal

On the eve of weekend meetings when its very livelihood is going to be discussed, the National Basketball League of Canada has signed a three-year Canadian television deal.

The deal with beIN SPORTS Canada kicks off next season and is available on major cable systems including Rogers, Bell TV, Eastlink and Videotron.

Games will be aired each Thursday and Saturday night during prime time with special coverage for playoffs and special events such as the all-star weekend.

"This is a historic day for our league to announce this incredible opportunity with a media partner such as beIN SPORTS Canada," NBL Canada commissioner Paul Riley said in a league release.

The nine-team NBL recently completed its third season with the Windsor Express winning the championship in a seven-game final against the Island Storm of Charlottetown, P.E.I.

DAVE LANGFORD/METRO

1 more sleep till Brooklyn. Raps attempt to sabotage Nets' homecoming

The Raptors have talked the talk. Now they have to walk the walk in Brooklyn.

Toronto backed up its GM's two-word foray into the world of trash-talk by evening its first-round playoff series with the Nets at one game apiece via a 100-95 win Tuesday night. The series now switches to the Barclays Center in Brooklyn for Game 3 Friday and Game 4 Sunday.

"It's going to be a new frontier," Toronto coach Dwane Casey said Wednesday prior to flying to New York. "We've been a good road team in hostile situations, hostile gyms. Our guys have responded."

Toronto collected 22 wins on the road this season, tied with Miami and Washington for tops in the Eastern Conference (the 22 road wins would have tied for eighth in the Western Conference).

One of those away wins came in Brooklyn, where Toronto was 1-1 this season. The teams also split their two regular-season games at the Air Canada Centre. Add in the first two games of this series and the teams are 3-3 against each other this season.

The trash-talking in Toronto



DeMar DeRozan scored 30 points on Tuesday night to help the Raptors tie their series with the Nets at 1-1. FRANK GUNN/THE CANADIAN PRESS

has essentially been restricted to general manager Masai Ujiri's out-of-nowhere insult to Brooklyn at a fan gathering prior to Game 1.

But Ujiri's two-word slur continues to loom large.

Veteran Net Kevin Garnett, no stranger to trash-talk himself, has openly wondered what the Raptors' reception will be given the GM's comment.

"I don't know if you can say 'F Brooklyn' and then come into Brooklyn," Garnett said Tuesday night. "So we're about to see what it's like."

THE CANADIAN PRESS

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Horoscopes

Aries

March 21 - April 20

Some things are worth worrying about and some are not. Do you know which is which? Chances are money won't mean as much to you over the next 24 hours as it usually does. That's good.

Taurus

April 21 - May 21

You can't help but make a good impression right now. Just be careful you don't attract so many new friends that you neglect the people in your life who really matter.

Gemini

May 22 - June 21

You don't need anyone's blessing for what you are planning. All you need is the confidence to begin, and the courage to follow through and finish the job. What are you waiting for? Now's the time.

Cancer

June 22 - July 23

Your confidence is high and will rise even higher over the next few days. Friendships and group activities are under excellent stars. Get out into the world and see and be seen.

Leo

July 24 - Aug. 23

With the Sun and Mercury moving through the status area of your chart, you will make friends with the right sort of people and there is no telling where that might lead.

Virgo

Aug. 24 - Sept. 23

You want to take a trip but have no valid reason for travelling. So what? Cosmic activity in the most adventurous area of your chart urges you to let your impulses guide you. You're sure to end up some place that's fun.

Libra

Sept. 24 - Oct. 23

Make sure what you wish for is what you truly desire because once it is in your possession you may not be able to give it back. Also, be careful when making promises to friends. They will hold you to them.

Scorpio

Oct. 24 - Nov. 22

The planets indicate that you will gain more if you take an easygoing attitude to getting your way. Aim high but don't think you have to force people to give you what you desire.

Sagittarius

Nov. 23 - Dec. 21

The cosmic picture is so good that most people will respond positively if you approach them as equals and partners. On the work front, especially, if you smile and ask nicely you'll get everything you need.

Capricorn

Dec. 22 - Jan. 20

You don't have to come on strong to make your point. On the contrary, others will be more receptive to what you say if you say it calmly and with no hint of a threat.

Aquarius

Jan. 21 - Feb. 19

You get on well with most people but you also need to be aware that there are individuals out there who are so different to you in temperament that it's unlikely you will ever be friends.

Pisces

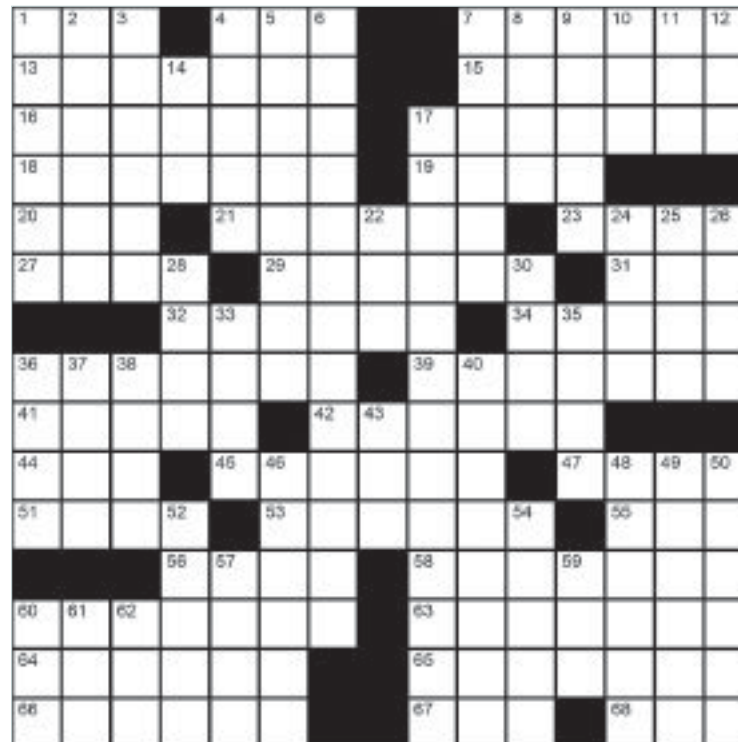
Feb. 20 - March 20

Someone you meet socially will attract you romantically but think carefully before you send out signals of love because the planets warn it may not be the right thing to do. Stay friendly — for now. SALLY BROMPTON

Crossword: Canada Across and Down

Across

- Extinct bird
- East Coast ocean, for short
- Canadian singer/songwriter, Fefe ____ (See #64-Across for more!)
- European country
- Seldom
- #6-Down's birthplace in Scotland
- Nurse's prop
- Industry work unit
- "____ la vie!"
- Flight tower serv.
- Directs
- Internet destination
- "I don't ____ problem."
- Nunavut: Chesterfield and Rankin
- Retro music syllable
- Century: French
- Proprietor
- .38-____ bullet
- 'The Twilight Saga' installment: 2 wds.
- Coke competition
- Skillfully tricked
- Journal
- The ____ Quintuplets
- Flippant talk
- ____ decision
- Sixties super-model
- Moviedom's Myrna
- Important caucus state
- Edmonton-born



- actress, ____ Chong
- Jason's "Beverly Hills, 90210" role
- Doing Atkins: 3 wds.
- New single by
- #7-Across: "In ____ Hands"
- Eighty: Spanish

- One of the Gospels-writers, ____
- Montreal's plurally 'My'
- Chicago White ____
- Down
- Molten matters
- Like David Letterman's show: 2 wds.

- Rodgers & Hart's "Ten Cents ____"
- CFL players, e.g.
- More like a 'Speckled' fish
- Canadian singer/songwriter of "(You're a) Strange Animal": 2 wds.

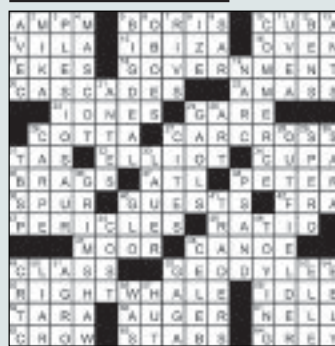
- Least wet
- Rows
- Ms. Spears, et al.
- Ottawa fig.
- Scratch tickets and more corp. for the prov. between MB and QC
- Bill 'The Science

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN

- Guy' ____
- Kyrgyzstan city
- Film buff's mansion must-have: 2 wds.
- Kay's follower
- "This ____ laughing matter!": 2 wds.
- '70s TV cop Lt. Kojak
- Make money
- Unchanged: 2 wds.
- ____, ____ good now?" (Things are okay between us, right?)
- Footnote abbr.
- Terrorist's arms, commonly
- Mil. two-stripers
- "____ Flux" (2005)
- Sports org. for Canada's Rebecca Lee-Bentham
- Refinement
- Prefix to 'lateral'
- Doug & The Slugs hit: "Making ____"
- Mr. Thicke's ...en français
- Location of 1976 anti-apartheid protests in South Africa
- Grammar topic
- One of Columbus' ships in 1492
- Not nahs
- Baltic Sea feeder
- Prez pre-JFK
- Guitarist Mr. King's
- Soak flax
- \$20s-spewing source

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today 13°/5° Partly cloudy

Friday 17°/2° Rain 90%

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